

Romancing Herbs



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Romancing Herbs

When it comes to matters of the heart, I've found that there are no limits to the human imagination in pursuing, wooing and attempting to ensure that their love will be returned.

Herbs have been associated with love and romance for centuries. Some of the uses you'll find in this book are romantic and beautiful, elegant and sublime. Some are tender and heartwarming. Others border on lunacy!

This information has spanned the course of history and much of it is found in multiple sources. Most of the information can be found in herbals that have survived through the years. The bibliography will give you additional sources if you'd like to study herbs in more depth. Hopefully these little snippets will entice you to learn more about the endless history and legacy of these treasures.

Herbs can add a sensuous dimension to all aspects of life. Their beauty, fragrance, flavors and touch delight. Some are fragrant, showy and enticing. Others you might walk by, or on, and not even notice!

My fascination with herbs, as with people, is that often the greatest gifts are found in those that you might not immediately notice.

Enjoy, and always remember, when using herbs there are no guarantees!

Results may vary!

Mikell



Romancing Herbs

Amaranth

Amaranth has several folk names including 'Love Lies Bleeding'! In matters of love, it is most valued for its aid in rapidly healing broken hearts. It has the capacity to make you invisible and bullet proof. Many a jilted lover would find both valuable!



Angelica

Angelica provides protection and can ensure a happy home, safe and stress free. Sprinkling the herb around the perimeter of your home will keep your darling from wandering and ensure that you both will feel content and secure!

Balm, Lemon

The delightful herb has been used to attract love for centuries. There are two methods.

- 1.) One is to simply carry the herb and you will magnetize true love.
- 2). The second way is to “soak the herb in wine for several hours, strain and share with a friend.” The wine, or the lemon balm? Those directions aren't quite clear, but my guess is the wine. Either way, I imagine the second method might be more effective.



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Basil

A man will instantly and eternally love any woman who hands him a sprig of basil! (This could have saved me so much time and effort over the years!) You can use basil to find out if your beloved is promiscuous! If you hand them basil and it wilts, you have your answer. Basil is also used to calm tempers. (This will come in handy if it wilts.)



Caraway

To attract love into your life, chew caraway seeds. If you are suspicious that your love might be tempted by another, put caraway seeds in his pocket and he will never stray! Note: Remove them before doing the laundry. And an added bonus - you can bake them in cookies or breads, and if shared they will create lust in you and your special someone!

Cherry

If the basil and caraway seeds failed in bringing true love, a trip to Washington D.C. in the spring time may be just the answer! Schedule your trip around the Cherry Blossom Festival. Simply tie a strand of your hair around the branch of a cherry tree that is in full bloom, and you will find true love! It will most likely be someone else by an adjacent tree who read this booklet!



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Daisy



"He loves me, he loves me not" - I think we have all heard of the 'rip off the petals one at a time' daisy destroying prophecy method of determining a person's romantic interest. But did you know the power possessed by the person who picks the first daisy of the season? They will have a boundless "spirit of coquetry". In today's terms that means they will be an insufferable flirt!

Fig

Both sexes will find the fig beneficial! Men can overcome infertility and impotence, and women who carry figs will be able to conceive. (Details on this were vague.)

The fig also has the capacity to make you irresistible. If you want to enchant someone, give them a fig and they will be spell bound by your charms - as long as they like figs!



Hawthorne

The Hawthorne is also called the May Bush or the Tree of Chastity. Confusing? How about the "Maybe Not" Bush? This herb sends mixed messages, being prized for its powers of chastity and fertility! If the leaves are placed under the mattress, chastity AND fertility will result . . . oh, I can only think of one time when that worked . . .



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Heartsease

Since the petals are heart shaped, it was believed that the pansy could mend a broken heart. These little pansies are said to have the power to attract love and have been used in love potions. But be warned! They must not be picked while the dew is still on them or it will cause the death of a loved one!

So much for innocent faces!



Lavender

Lavender is frequently used in love spells, and the fragrance is said to be particularly magnetic to men. At one time prostitutes used lavender to advertise as well as to magically attract other wise uninterested customers! Entrapment! Conversely, when paired with rosemary, the combination could protect a woman's chastity! Lavender protects against the cruel treatment from an abusive spouse. In addition to its protective qualities, lavender is prized for ensuring peaceful sleep and happiness.



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Lily of the Valley

These delicate little flowers, hiding innocently under their protective leaves, have some serious powers! Their fragrance not only attracts sperm, but the little guys will double their speed in hot pursuit (this from a recent scientific study). It is often carried in wedding bouquets to ensure fertility.



Mint

Mint can be especially helpful during the honeymoon! It provides protection during travels, and induces lust! And if either the bride or groom develop a headache due to excessing celebrating at the wedding, mint leaves rubbed on the forehead will provide relief from that untimely headache!

Mullein

Carrying a mullein leaf will attract the opposite sex. You can also determine a person's interest by finding a mullein stalk growing in the vicinity of your intended's house. Bend the plant in the direction of their home and if they are interested, the plant will return to its upright position. (The trick here is not to bend it too far!)



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Myrtle

Myrtle is dedicated to love, and in Sweden children are given a plant to nurture. When they are old enough to marry, they create a wreath for their wedding day. Wearing a wreath of myrtle while conducting love spells ensures that they are more effective. In addition to attraction, myrtle ensures that your love life will continue to be filled with joy and excitement!



Orange

All parts of the orange are used to attract love. Fresh blossoms are used in bouquets and baths, and dried blossoms, seeds and dried peels are used in sachets. The juice of the orange can be mixed with wine or enjoyed alone to increase love and lust.

Parsley

Parsley will attract love and lust, and promote fertility, but once you have found your love you must never cut parsley again. If you do, your love will be ‘cut out’ of your life. And if your love leaves and you are looking on the internet for a spell for their return, you will find this message! **“WARNING: Powerful scientific love spell. This is not a gimmick or toy. Serious use only!”**



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Radish

Radishes have that certain zing! They are prized for their ability to increase lust and may well be responsible for spring fever.

Red Raspberry

Raspberries are descendants of the rose family, continuing and expanding the attributes of beauty and love. The juice is said to flow through one's veins like blood, infusing you with love and kindness! Lovers often share raspberries and they are used as aphrodisiacs.

And if nature takes its course, raspberries aid women during pregnancy to alleviate morning sickness and pains during child birth.



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Rose

The Rose, the Queen of Flowers, is the undisputed floral symbol of love. The Society of American Florists predicts that nearly 198 million roses are sold for Valentine's Day. There is so much information about roses that one could write a book about their origin, symbolism, legend and lore. So I did! Ode to a Rose is my tribute to this glorious flower.



Rosemary

Rosemary symbolizes remembrance and devotion. It ensures constancy, fidelity, loyalty and eternal love. It was one of the first herbs to be used in weddings, first as a strewing herb and later used in bridal bouquets. It is used to beautify, cleanse, and protect.

Violet

Giving violets sends the message "I return your love." It represents modesty and humility. There are numerous legends about the violet's association with love and romance. One comes from Venus asking her son Cupid if he thought she was more beautiful than a group of maidens playing along the edge of the woods. He said he found the maidens to be more beautiful so she beat them until they were blue. Since then, because of their association with Venus, they have been associated with love and romance. Huh?



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